

How Food Can Become Contaminated Quiz Sheet

Name: _____ Date: _____ Score: _____

TRUE OR FALSE

T ___ F ___ 1. You can contaminate food if you touch it after sneezing into your hands.

T ___ F ___ 2. You should never touch a pimple or wound before handling food.

T ___ F ___ 3. Wearing a dirty uniform or apron can contaminate food.

SHORT ANSWER

1. Name four ways that you can contaminate food.

EXERCISE

Place a check mark next to each action that can lead to the contamination of food.

___ Running your fingers through your hair

___ Wearing a hat or hair net

___ Touching a wound or pimple

___ Wearing a clean apron

___ Wiping your nose

How Food Can Become Contaminated Quiz Sheet Answers

Name: _____ Date: _____ Score: _____

TRUE OR FALSE

T F ___ 1. You can contaminate food if you touch it after sneezing into your hands.

T F ___ 2. You should never touch a pimple or wound before handling food.

T F ___ 3. Wearing a dirty uniform or apron can contaminate food.

SHORT ANSWER

1. Name four ways that you can contaminate food.

- Scratching your scalp
- Wiping or touching your nose
- Touching a pimple or infected wound
- Wearing a dirty uniform
- Running your fingers through your hair
- Rubbing your ears
- Coughing and sneezing into your hand
- Spitting in the establishment

EXERCISE

Place a check mark next to each action that can lead to the contamination of food.

Running your fingers through your hair

___ Wearing a hat or hair net

Touching a wound or pimple

___ Wearing a clean apron

Wiping your nose